



BDM PUBLIC SCHOOL

CURRICULUM

The curriculum framework at BDM Public School is categorized into three developmental stages:

1. For Beginners
2. For Movers
3. For Scholars

The curriculum integrates:

Scholastic Development

Co-Scholastic Development

Life Skills Education

Mental Health and Wellness

Art Integration

Sports and Physical Education

Value-Based Education

Experiential and Project-Based Learning

A. FOR BEGINNERS

Foundational Stage : Pre-NC, NC, KG, Classes I & II

The foundational stage emphasizes joyful learning, foundational literacy and numeracy, sensory development, language enrichment, social interaction, creativity, and emotional well-being.

SCHOLASTIC FOCUS

Language Development

Phonics and vocabulary development

Spoken English enhancement activities

Storytelling and picture reading

Conversation circles and role play

Listening and speaking skills

Rhymes, recitations, and communication practice

Number recognition and operations

Measurement and shape identification

Understanding surroundings and nature

Community helpers and family values

Cognitive Skill Development

Observation activities

Exploration and curiosity-based learning

Physical movement activities and balancing

Numeracy Skills

Pattern recognition

Activity-based mathematics

Logical reasoning through games

Environmental Awareness

Cleanliness and hygiene habits

Seasonal and festival-based learning

Hand-eye coordination exercises

Tracing and cutting activities

Fine motor activities

Problem-solving tasks

Psychomotor Skill Development

Sorting and classification

Memory and concentration games

Clay modeling and Colouring

CO-SCHOLASTIC FOCUS

Dance and music activities

Yoga and meditation

Celebration of special days and festivals

Personality development activities

Indoor and outdoor games

Art and craft

Manners and etiquette learning

TEACHING METHODOLOGIES

Play-way method
Activity-based learning
Smart classroom teaching
Visual and tactile learning techniques

Art-integrated learning
Experiential learning
Storytelling and dramatization

ASSESSMENT PRACTICES

Observation-based assessment
Activity and participation assessment
Continuous and comprehensive evaluation

Holistic progress tracking
Portfolio-based learning records
Holistic annual report cards

Mental Health & Wellness

Emotional expression sessions
Counseling support for children and parents
Positive reinforcement strategies

Happiness circle activities
Classroom wellness activities
Safe and inclusive learning environment

B. FOR MOVERS

Preparatory & Middle Stage : Classes III to VIII

The preparatory and middle stages focus on conceptual understanding, skill development, communication abilities, creativity, discipline, collaboration, and experiential learning.

SCHOLASTIC FOCUS

Languages

Reading comprehension and creative writing
Public speaking and presentation skills
Grammar and vocabulary enrichment

Advanced spoken English practice
Debate and communication activities

Mathematics

Conceptual mathematics
Mathematical reasoning and analytical thinking
Practical application of mathematical concepts

Experimental and activity-based learning
Data interpretation and logical analysis

Science

Experimental learning and scientific temperament
Observation and exploration activities
Laboratory exposure and demonstrations

Environmental awareness projects
Inquiry-based learning

Social Science

Research-based learning
Project work and presentations
Cultural and heritage awareness

Civic sense and social responsibility
Map work and analytical learning

Computer & Digital Literacy

Basic coding and digital awareness

Safe internet practices

Smart technology integration
Research and presentation skills

ICT-enabled learning

CO-SCHOLASTIC FOCUS

Art Integration
Drawing and painting
Theatre and dramatics

Music and dance
Craft and creative expression
Art-integrated subject projects

SPORTS & PHYSICAL EDUCATION

Indoor and outdoor sports
Physical fitness activities
Yoga and mindfulness

Team-building exercises
Discipline and sportsmanship

LIFE SKILLS EDUCATION

Leadership and teamwork
Time management
Decision-making skills

Communication and interpersonal skills
Self-awareness and confidence building

TEACHING METHODOLOGIES

Activity-based learning
Smart classroom integration
Subject enrichment activities
Project-based and research-based learning

Collaborative learning
Reflective learning practices
Inquiry and discovery methods
Experimental analysis and exploration

ASSESSMENT PRACTICES

Continuous and Comprehensive Evaluation

Assessment is designed to evaluate conceptual clarity, creativity, communication, participation, and practical application.

Assessment Tools
Class participation
Subject enrichment activities
Art-integrated projects
Experimental analysis
Research assignments

Portfolio and performance tracking
Competency-based assessments
Presentations and viva
Reflective journals
Self-study reports

HOLISTIC PROGRESS CARD

Students are assessed on:

Academic achievement
Behavior and discipline
Communication skills
Creativity and innovation

Physical fitness and wellness
Emotional and social growth
Participation in activities

MENTAL HEALTH & WELLNESS INITIATIVES

Wellness counseling sessions
Career awareness guidance
Stress management workshops

Parent counseling sessions
Mindfulness and meditation sessions
Life skill workshops

C. FOR SCHOLARS

Secondary & Senior Secondary Stage : Classes IX to XII

The secondary and senior secondary curriculum is designed to prepare students for higher education, professional excellence, leadership, research orientation, ethical values, and global citizenship.

SCHOLASTIC FOCUS

Academic Excellence

Competency-based learning

Conceptual and analytical understanding

Subject specialization and advanced learning

Critical and reflective thinking

Research-based assignments

Interdisciplinary learning

Communication & Spoken English

Personality development sessions

Public speaking and presentation skills

Interview preparation

Spoken English fluency enhancement

Debate and group discussions

Professional communication skills

Scientific & Research Orientation

Laboratory experimentation

Experimental analysis and reporting

Research projects and field studies

Innovation and exploration activities

Commerce & Humanities Enrichment

Case-study-based learning

Business and economic awareness

Social awareness projects

Practical and application-oriented learning

Research surveys and analytical reports

CO-SCHOLASTIC FOCUS

Leadership & Personality Development

Student council activities

Leadership training

Discipline and responsibility building

Community outreach programs

Social service activities

Sports, Fitness & Wellness

Physical education and fitness training

Yoga and meditation

Team spirit and resilience development

Health awareness sessions

Stress management workshops

Creative & Performing Arts

Fine arts and visual arts

Music and dance

Literary activities

Creative expression and innovation

Theatre and dramatics

Teaching Methodologies

Smart teaching methodologies

Skill-oriented classroom practices

Inquiry and investigation-based learning
Research and project-based learning
ICT-enabled teaching

Collaborative and peer learning
Case study and experiential learning
Reflective learning practices

ASSESSMENT FRAMEWORK

Comprehensive Assessment Model

The school follows a competency-based and holistic assessment system aligned with NEP-2020 and NCF-2023.

Assessment Components

Unit assessments
Practical and laboratory work
Viva and presentations
Reflective assignments

Subject enrichment activities
Research projects
Experimental analysis reports

Art-integrated assessments

Self-study reports

Peer and self-assessment

Holistic Annual Report Cards

The report cards reflect:

Academic progress
Skill development
Behavior and discipline
Leadership qualities

Psychomotor and cognitive development
Participation and collaboration
Creativity and innovation
Emotional well-being

SPECIAL FOCUS AREAS AT BDM PUBLIC SCHOOL

Child-Centric Education

The school adopts a learner-centered approach where students actively participate in the learning process through inquiry, exploration, creativity, collaboration, and reflection.

Holistic Development

Equal emphasis is given to:

Intellectual development
Emotional development
Moral and ethical values

Social and communication skills
Physical development
Creative expression

Discipline & Value Education

Students are guided towards:

Respect and responsibility
Ethical behavior
Self-discipline

Time management
Positive attitude and leadership

Spoken English Enhancement

Special emphasis is laid on:

Daily spoken English practice
Conversation activities

Public speaking confidence
Pronunciation improvement

Vocabulary enrichment

Inclusive Education

The school ensures:

Equal learning opportunities
Safe and supportive environment

Emotional and academic support
Individual attention and guidance

MENTAL HEALTH & WELLNESS PROGRAMME

BDM Public School recognizes mental and emotional well-being as an integral part of education.

Wellness Initiatives

Student counseling sessions
Wellness workshops
Emotional resilience programs
Parent awareness sessions

Meditation and mindfulness practices
Teacher mentorship programmes
Stress-free learning environment
Positive classroom culture

Innovative Learning Practices

The curriculum promotes:

Experiential learning
Art integration
Reflective learning
Practical and real-life application of knowledge

Activity-based learning
Research and innovation
Collaborative learning
Technology-enabled classrooms

Continuous and Comprehensive Learning

The school follows a continuous and comprehensive learning model where assessment and learning occur simultaneously through:

Classroom interaction
Projects and activities
Experimental analysis
Self-assessment and reflective practices

Observation and participation
Subject enrichment tasks
Explorations and investigations
Competency-based evaluation

CONCLUSION

BDM Public School is committed to providing quality education aligned with NEP-2020 and NCF-2023 through a balanced integration of scholastic and co-scholastic learning experiences. The curriculum framework promotes holistic development, child-centric education, emotional wellness, discipline, communication skills, creativity, innovation, and lifelong learning.

The school strives to nurture confident, compassionate, disciplined, and responsible learners prepared to face future challenges with knowledge, values, and leadership qualities.

BDM Public School

“Empowering Young Minds for a Bright and Responsible Future”

**MANAGER
BDM PUBLIC SCHOOL
MEERGANJ, BAREILLY**

**Principal
BDM Public School
Meerganj, Bareilly**